

M Rock Bouldering Class 08-09

Name: _____ Date: _____

UM ID _____ Email _____

To be completed by M Rock Staff:

Skills Checklist –

- Boulders to appropriate height without a spotter (feet do not pass 3' line)
- Boulders to appropriate height with a spotter (climbers do not exceed the end of a route)
- Properly positions crash pad
- Uses correct spotting techniques when climber is on the wall (check for body position and position in relation to the climber)
- Demonstrates proper spotting technique when climber takes an unexpected fall

Circle One: **PASS** **FAIL** Staff Name: _____

To Be Completed by PARTICIPANT:

Please initial next to each policy

_____ Bouldering is only allowed up to the finish of a route. If the climber is not climbing a route they are not to exceed the 3' line

_____ Spotters are strongly encouraged at any height

_____ Spotters are **required** when the climber's feet are above the 3' line

As a climber, I realize that failure to follow proper safety procedures can result in loss of climbing and belay privileges. By signing this form, I, the climber, state that I have read, understand, and agree to abide by the safety practices described herein.

Signature: _____