

FALL 2009  
 CLUB SPORT PRACTICE SCHEDULE  
 MITCHELL WEST

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>5:00PM</b>							
<b>5:30PM</b>							
<b>6:00PM</b>	Ultimate-Women	Rugby-Women	Ultimate-Women	Rugby-Women			
<b>6:30PM</b>	Ultimate-Women	Rugby-Women	Ultimate-Women	Rugby-Women			
<b>7:00PM</b>	Ultimate-Women	Rugby-Women	Ultimate-Women	Rugby-Women			
<b>7:30PM</b>	Ultimate-Women	Rugby-Women	Ultimate-Women	Rugby-Women			
<b>8:00PM</b>	Ultimate-Men	Rugby-Men	Ultimate-Men	Rugby-Men			
<b>8:30PM</b>	Ultimate-Men	Rugby-Men	Ultimate-Men	Rugby-Men			
<b>9:00pm</b>	Ultimate-Men	Rugby-Men	Ultimate-Men	Rugby-Men			
<b>9:30PM</b>	Ultimate-Men	Rugby-Men	Ultimate-Men	Rugby-Men			
<b>10:00PM</b>							
<b>10:30PM</b>							
<b>11:00PM</b>							



\*\*Women's Soccer will request occasional Friday practices as needed/available